

JANUARY 2008			
		Starter	Extended
1	tue	Matt 1	Gen 1,2
2	wed	Matt 2	Gen 3,4
3	thu	Matt 3	Gen 5,6
4	fri	Matt 4	Gen 7,8
5	sat	Matt 5	Gen 9,10
6	sun	Matt 6	Gen 11,12
7	mon	Matt 7	Gen 13,14
8	tue	Matt 8	Gen 15,16
9	wed	Matt 9	Gen 17,18
10	thu	Matt 10	Gen 19,20
11	fri	Matt 11	Gen 21,22
12	sat	Matt 12	Gen 23,24
13	sun	Matt 13	Gen 25,26
14	mon	Matt 14	Gen 27,28
15	tue	Matt 15	Gen 29,30
16	wed	Matt 16	Gen 31,32
17	thu	Matt 17	Gen 33,34
18	fri	Matt 18	Gen 35,36
19	sat	Matt 19	Gen 37,38
20	sun	Matt 20	Gen 39,40
21	mon	Matt 21	Gen 41,42
22	tue	Matt 22	Gen 43,44
23	wed	Matt 23	Gen 45,46
24	thu	Matt 24	Gen 47,48
25	fri	Matt 25	Gen 49,50
26	sat	Matt 26	Exo 1,2
27	sun	Matt 27	Exo 3,4
28	mon	Matt 28	Exo 5,6
29	tue	Acts 1	Exo 7,8
30	wed	Acts 2	Exo 9,10
31	thu	Acts 3	Exo 11,12

FEBRUARY 2008			
		Starter	Extended
1	fri	Acts 4	Exo 13,14
2	sat	Acts 5	Exo 15,16
3	sun	Acts 6	Exo 17,18
4	mon	Acts 7	Exo 19,20
5	tue	Acts 8	Exo 21,22
6	wed	Acts 9	Exo 23,24
7	thu	Acts 10	Exo 25,26
8	fri	Acts 11	Exo 27,28
9	sat	Acts 12	Exo 29,30
10	sun	Acts 13	Exo 31,32
11	mon	Acts 14	Exo 33,34
12	tue	Acts 15	Exo 35,36
13	wed	Acts 16	Exo 37,38
14	thu	Acts 17	Exo 39,40
15	fri	Acts 18	Lev 1,2
16	sat	Acts 19	Lev 3,4
17	sun	Acts 20	Lev 5,6
18	mon	Acts 21	Lev 7,8
19	tue	Acts 22	Lev 9,10
20	wed	Acts 23	Lev 11,12
21	thu	Acts 24	Lev 13,14
22	fri	Acts 25	Lev 15,16
23	sat	Acts 26	Lev 17,18
24	sun	Acts 27	Lev 19,20
25	mon	Acts 28	Lev 21,22
26	tue	Psalm 1,2,3	Lev 23,24
27	wed	Psalm 4,5,6	Lev 25,26,27
28	thu	Psalm 7,8	Num 1,2
29	fri		

S - scripture
what does it say?

O - observation
what does that mean?

A - application
what does that mean for me?

P - prayer
how will I pray?

Y - yes God, today...
how will I be different today?

MARCH 2008			
		Starter	Extended
1	sat	Psalm 9,10	Num 3,4
2	sun	Psalm 11,12,13	Num 5,6
3	mon	Psalm 14,15,16	Num 7,8
4	tue	Psalm 17,18	Num 9,10
5	wed	Psalm 19,20	Num 11,12
6	thu	Psalm 21,22	Num 13,14
7	fri	Psalm 23,24	Num 15,16
8	sat	Psalm 25,26	Num 17,18
9	sun	Psalm 27,28	Num 19,20
10	mon	Psalm 29,30	Num 21,22
11	tue	Psalm 31,32	Num 23,24
12	wed	Psalm 33,34	Num 25,26
13	thu	Psalm 35,36	Num 27,28
14	fri	Psalm 37	Num 29,30
15	sat	Psalm 38,39	Num 31,32
16	sun	Psalm 40,41	Num 33,34
17	mon	Rom 1	Num 35,36
18	tue	Rom 2	Deut 1,2
19	wed	Rom 3	Deut 3,4
20	thu	Rom 4	Deut 5,6
21	fri	Rom 5	Deut 7,8
22	sat	Rom 6	Deut 9,10
23	sun	Rom 7	Deut 11,12
24	mon	Rom 8	Deut 13,14
25	tue	Rom 9	Deut 15,16
26	wed	Rom 10	Deut 17,18
27	thu	Rom 11	Deut 19,20
28	fri	Rom 12	Deut 21,22
29	sat	Rom 13	Deut 23,24
30	sun	Rom 14	Deut 25,26
31	mon	Rom 15	Deut 27,28

APRIL 2008			
		Starter	Extended
1	tue	Rom 16	Deut 29,30
2	wed	Mark 1	Deut 31,32
3	thu	Mark 2	Deut 33,34
4	fri	Mark 3	Josh 1,2
5	sat	Mark 4	Josh 3,4
6	sun	Mark 5	Josh 5,6
7	mon	Mark 6	Josh 7,8
8	tue	Mark 7	Josh 9,10
9	wed	Mark 8	Josh 11,12
10	thu	Mark 9	Josh 13,14
11	fri	Mark 10	Josh 15,16
12	sat	Mark 11	Josh 17,18
13	sun	Mark 12	Josh 19,20
14	mon	Mark 13	Josh 21,22
15	tue	Mark 14	Josh 23,24
16	wed	Mark 15	Jud 1,2
17	thu	Mark 16	Jud 3,4
18	fri	I Cor 1	Jud 5,6
19	sat	I Cor 2	Jud 7,8
20	sun	I Cor 3	Jud 9,10
21	mon	I Cor 4	Jud 11,12
22	tue	I Cor 5	Jud 13,14
23	wed	I Cor 6	Jud 15,16
24	thu	I Cor 7	Jud 17,18
25	fri	I Cor 8	Jud 19,20,21
26	sat	I Cor 9	Ruth 1,2
27	sun	I Cor 10	Ruth 3,4
28	mon	I Cor 11	I Sam 1,2
29	tue	I Cor 12	I Sam 3,4
30	wed	I Cor 13	I Sam 5,6

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MAY 2008			
		Starter	Extended
1	thu	I Cor 14	I Sam 7,8
2	fri	I Cor 15	I Sam 9,10
3	sat	I Cor 16	I Sam 11,12
4	sun	II Cor 1	I Sam 13,14
5	mon	II Cor 2	I Sam 15,16
6	tue	II Cor 3	I Sam 17,18
7	wed	II Cor 4	I Sam 19,20
8	thu	II Cor 5	I Sam 21,22
9	fri	II Cor 6	I Sam 23,24
10	sat	II Cor 7	I Sam 25,26
11	sun	II Cor 8	I Sam 27,28
12	mon	II Cor 9	I Sam 29,30,31
13	tue	II Cor 10	II Sam 1,2
14	wed	II Cor 11	II Sam 3,4
15	thu	II Cor 12	II Sam 5,6
16	fri	II Cor 13	II Sam 7,8
17	sat	Psalm 42,43,44	II Sam 9,10
18	sun	Psalm 45,46	II Sam 11,12
19	mon	Psalm 47,48,49	II Sam 13,14
20	tue	Psalm 50,51	II Sam 15,16
21	wed	Psalm 52,53	II Sam 17,18
22	thu	Psalm 54,55	II Sam 19,20
23	fri	Psalm 56,57,58	II Sam 21,22
24	sat	Psalm 59,60	II Sam 23,24
25	sun	Psalm 61,62	I Kings 1,2
26	mon	Psalm 63,64	I Kings 3,4
27	tue	Psalm 65,66	I Kings 5,6
28	wed	Psalm 67,68	I Kings 7,8
29	thu	Psalm 69,70	I Kings 9,10
30	fri	Psalm 71,72	I Kings 11,12
31	sat	Gal 1	I Kings 13,14

JUNE 2008			
		Starter	Extended
1	sun	Gal 2	I Kings 15,16
2	mon	Gal 3	I Kings 17,18
3	tue	Gal 4	I Kings 19,20
4	wed	Gal 5	I Kings 21,22
5	thu	Gal 6	II Kings 1,2
6	fri	Phil 1	II Kings 3,4
7	sat	Phil 2	II Kings 5,6
8	sun	Phil 3	II Kings 7,8
9	mon	Phil 4	II Kings 9,10
10	tue	Col 1	II Kings 11,12
11	wed	Col 2	II Kings 13,14
12	thu	Col 3	II Kings 15,16
13	fri	Col 4	II Kings 17,18
14	sat	I Thess 1	II Kings 19,20
15	sun	I Thess 2	II Kings 21,22
16	mon	I Thess 3	II Kings 23,24,25
17	tue	I Thess 4	Job 1,2
18	wed	I Thess 5	Job 3,4
19	thu	II Thess 1	Job 5,6
20	fri	II Thess 2	Job 7,8
21	sat	II Thess 3	Job 9,10
22	sun	Luke 1	Job 11,12
23	mon	Luke 2	Job 13,14
24	tue	Luke 3	Job 15,16
25	wed	Luke 4	Job 17,18
26	thu	Luke 5	Job 19,20
27	fri	Luke 6	Job 21,22
28	sat	Luke 7	Job 23,24
29	sun	Luke 8	Job 25,26
30	mon	Luke 9	Job 27,28

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JULY 2008				
		Starter	Extended	
1	tue	Luke 10	Job 29,30	
2	wed	Luke 11	Job 31,32	
3	thu	Luke 12	Job 33,34	
4	fri	Luke 13	Job 35,36	
5	sat	Luke 14	Job 37,38	
6	sun	Luke 15	Job 39,40	
7	mon	Luke 16	Job 41,42	
8	tue	Luke 17	Sol 1,2,3,4	
9	wed	Luke 18	Sol 5,6,7,8	
10	thu	Luke 19	Ecc 1,2	
11	fri	Luke 20	Ecc 3,4	
12	sat	Luke 21	Ecc 5,6	
13	sun	Luke 22	Ecc 7,8	
14	mon	Luke 23	Ecc 9,10	
15	tue	Luke 24	Ecc 11,12	
16	wed	I Tim 1	I Chr 1,2	
17	thu	I Tim 2	I Chr 3,4	
18	fri	I Tim 3	I Chr 5,6	
19	sat	I Tim 4	I Chr 7,8	
20	sun	I Tim 5	I Chr 9,10	
21	mon	I Tim 6	I Chr 11,12	
22	tue	II Tim 1	I Chr 13,14	
23	wed	II Tim 2	I Chr 15,16	
24	thu	II Tim 3	I Chr 17,18	
25	fri	II Tim 4	I Chr 19,20	
26	sat	Titus 1	I Chr 21,22	
27	sun	Titus 2	I Chr 23,24	
28	mon	Titus 3	I Chr 25,26	
29	tue	Phlm 1	I Chr 27,28,29	
30	wed	Psalms 73,74	II Chr 1,2	
31	thu	Psalms 75,76	II Chr 3,4	

AUGUST 2008				
1	fri	Psalms 77	II Chr 5,6	
2	sat	Psalms 78	II Chr 7,8	
3	sun	Psalms 79,80	II Chr 9,10	
4	mon	Psalms 81,82,83	II Chr 11,12	
5	tue	Psalms 84,85	II Chr 13,14	
6	wed	Psalms 86,87	II Chr 15,16	
7	thu	Psalms 88,89	II Chr 17,18	
8	fri	Psalms 90,91	II Chr 19,20	
9	sat	Psalms 92,93,94	II Chr 21,22	
10	sun	Psalms 95,96	II Chr 23,24	
11	mon	Psalms 97,98	II Chr 25,26	
12	tue	Psalms 99,100,101	II Chr 27,28	
13	wed	Psalms 102	II Chr 29,30	
14	thu	Psalms 103	II Chr 31,32	
15	fri	Psalms 104	II Chr 33,34	
16	sat	Psalms 105	II Chr 35,36	
17	sun	Psalms 106	Obad 1	
18	mon	Heb 1	Joel 1,2,3	
19	tue	Heb 2	Jonah 1,2	
20	wed	Heb 3	Jonah 3,4	
21	thu	Heb 4	Amos 1,2	
22	fri	Heb 5	Amos 3,4	
23	sat	Heb 6	Amos 5,6	
24	sun	Heb 7	Amos 7,8,9	
25	mon	Heb 8	Hos 1,2	
26	tue	Heb 9	Hos 3,4	
27	wed	Heb 10	Hos 5,6	
28	thu	Heb 11	Hos 7,8	
29	fri	Heb 12	Hos 9,10	
30	sat	Heb 13	Hos 11,12	
31	sun	Jam 1	Hos 13,14	

"How do I get started?"

The best way to get started is to meet once a week for a month to journal with a group or person who is already journaling regularly.

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SEPTEMBER 2008				
		Starter	Extended	
1	mon	James 2	Micah 1,2	
2	tue	James 3	Micah 3,4	
3	wed	James 4	Micah 5,6,7	
4	thu	James 5	Isaiah 1,2	
5	fri	I Peter 1	Isaiah 3,4	
6	sat	I Peter 2	Isaiah 5,6	
7	sun	I Peter 3	Isaiah 7,8	
8	mon	I Peter 4	Isaiah 9,10	
9	tue	I Peter 5	Isaiah 11,12	
10	wed	II Peter 1	Isaiah 13,14	
11	thu	II Peter 2	Isaiah 15,16	
12	fri	II Peter 3	Isaiah 17,18	
13	sat	I John 1	Isaiah 19,20	
14	sun	I John 2	Isaiah 21,22	
15	mon	I John 3	Isaiah 23,24	
16	tue	I John 4	Isaiah 25,26	
17	wed	I John 5	Isaiah 27,28	
18	thu	II John 1	Isaiah 29,30	
19	fri	III John 1	Isaiah 31,32	
20	sat	Jude 1	Isaiah 33,34	
21	sun	Psalms 107,108	Isaiah 35,36	
22	mon	Psalms 109,110	Isaiah 37,38	
23	tue	Psalms 111,112	Isaiah 39,40	
24	wed	Psalms 113,114,115	Isaiah 41,42	
25	thu	Psalms 116,117,118	Isaiah 43,44	
26	fri	Psalms 119	Isaiah 45,46	
27	sat	Psalms 120,121,122	Isaiah 47,48	
28	sun	Psalms 123,124,125	Isaiah 49,50	
29	mon	Psalms 126,127,128	Isaiah 51,52	
30	tue	Psalms 129,130	Isaiah 53,54	

OCTOBER 2008				
1	wed	Psalms 131,132	Isaiah 55,56	
2	thu	Psalms 133,134	Isaiah 57,58	
3	fri	Psalms 135,136	Isaiah 59,60	
4	sat	Psalms 137,138	Isaiah 61,62	
5	sun	Psalms 139,140	Isaiah 63,64	
6	mon	Psalms 141,142	Isaiah 65,66	
7	tue	Psalms 143,144	Nahum 1,2,3	
8	wed	Psalms 145,146	Zephaniah 1,2,3	
9	thu	Psalms 147,148	Jerem 1,2	
10	fri	Psalms 149,150	Jerem 3,4	
11	sat	John 1	Jerem 5,6	
12	sun	John 2	Jerem 7,8	
13	mon	John 3	Jerem 9,10	
14	tue	John 4	Jerem 11,12	
15	wed	John 5	Jerem 13,14	
16	thu	John 6	Jerem 15,16	
17	fri	John 7	Jerem 17,18	
18	sat	John 8	Jerem 19,20	
19	sun	John 9	Jerem 21,22	
20	mon	John 10	Jerem 23,24	
21	tue	John 11	Jerem 25,26	
22	wed	John 12	Jerem 27,28	
23	thu	John 13	Jerem 29,30	
24	fri	John 14	Jerem 31,32	
25	sat	John 15	Jerem 33,34	
26	sun	John 16	Jerem 35,36	
27	mon	John 17	Jerem 37,38	
28	tue	John 18	Jerem 39,40	
29	wed	John 19	Jerem 41,42	
30	thu	John 20	Jerem 43,44	
31	fri	John 21	Jerem 45,46	

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NOVEMBER 2008				
		Starter	Extended	
1	sat	Rev 1	Jerem 47,48	
2	sun	Rev 2	Jerem 49,50	
3	mon	Rev 3	Jerem 51,52	
4	tue	Rev 4	Lament 1,2,3	
5	wed	Rev 5	Lament 4,5	
6	thu	Rev 6	Habak 1,2,3	
7	fri	Rev 7	Ezekiel 1,2	
8	sat	Rev 8	Ezekiel 3,4	
9	sun	Rev 9	Ezekiel 5,6	
10	mon	Rev 10	Ezekiel 7,8	
11	tue	Rev 11	Ezekiel 9,10	
12	wed	Rev 12	Ezekiel 11,12	
13	thu	Rev 13	Ezekiel 13,14	
14	fri	Rev 14	Ezekiel 15,16	
15	sat	Rev 15	Ezekiel 17,18	
16	sun	Rev 16	Ezekiel 19,20	
17	mon	Rev 17	Ezekiel 21,22	
18	tue	Rev 18	Ezekiel 23,24	
19	wed	Rev 19	Ezekiel 25,26	
20	thu	Rev 20	Ezekiel 27,28	
21	fri	Rev 21	Ezekiel 29,30	
22	sat	Rev 22	Ezekiel 31,32	
23	sun	Proverb 1	Ezekiel 33,34	
24	mon	Proverb 2	Ezekiel 35,36	
25	tue	Proverb 3	Ezekiel 37,38	
26	wed	Proverb 4	Ezekiel 39,40	
27	thu	Proverb 5	Ezekiel 41,42	
28	fri	Proverb 6	Ezekiel 43,44	
29	sat	Proverb 7	Ezekiel 45,46	
30	sun	Proverb 8	Ezekiel 47,48	

DECEMBER 2008				
1	mon	Proverb 9	Daniel 1,2	
2	tue	Proverb 10	Daniel 3,4	
3	wed	Proverb 11	Daniel 5,6	
4	thu	Proverb 12	Daniel 7,8	
5	fri	Proverb 13	Daniel 9,10	
6	sat	Proverb 14	Daniel 11,12	
7	sun	Proverb 15	Ezra 1,2	
8	mon	Proverb 16	Ezra 3,4	
9	tue	Proverb 17	Ezra 5,6	
10	wed	Proverb 18	Ezra 7,8	
11	thu	Proverb 19	Ezra 9,10	
12	fri	Proverb 20	Haggai 1,2	
13	sat	Proverb 21	Zechar 1,2	
14	sun	Proverb 22	Zechar 3,4	
15	mon	Proverb 23	Zechar 5,6	
16	tue	Proverb 24	Zechar 7,8	
17	wed	Proverb 25	Zechar 9,10	
18	thu	Proverb 26	Zechar 11,12	
19	fri	Proverb 27	Zechar 13,14	
20	sat	Proverb 28	Esther 1,2	
21	sun	Proverb 29	Esther 3,4,5	
22	mon	Proverb 30	Esther 6,7,8	
23	tue	Proverb 31	Esther 9,10	
24	wed	Luke 1	Nehem 1,2	
25	thu	Luke 2	Nehem 3,4	
26	fri	Ephes 1	Nehem 5,6	
27	sat	Ephes 2	Nehem 7,8	
28	sun	Ephes 3	Nehem 9,10	
29	mon	Ephes 4	Nehem 11,12,13	
30	tue	Ephes 5	Malachi 1,2	
31	wed	Ephes 6	Malachi 3,4	

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